Course Details:

This 5 mile course utilizes 2 loops of the Indian Spring Trail. The course starts on the pavement for approximately a 1/4 mile before hitting the trails for for 4.5 miles

Loop no.1 and no.2 consist of rolling hills with no major climbs, and all on wide trails with plenty of room for passing. The two loops are 100% located in a dense wooded area alongside wetlands, ponds, a stream and the trail's namesake, an old spring. Turn left at the bottom of the steps to begin loop no.2. After loop no.2 turn right and heads toward the finish.

The course finishes on a flat and fast stretch along the lake front great for family and friends to cheer on their runner.